

Agriculture Fact Sheet

Pork 2022

- Mississippi ranks #20 in the United States in pork production, producing 1.7 million hogs and pigs annually.
- In 2022, Mississippi had 437 farms with hogs.
- 1.1 million piglets born in 2022.
- The value of pork produced in 2022 was \$112 million.
- Pork is high in nutrients. It is a source of complete protein, containing all the essential amino acids.
- Pork is ideal for the calorie-conscious. Pork's high ratio of nutrients to calories is termed "high nutrient density." A three-ounce serving of lean pork has only 165 calories.



- Besides being comparatively low in calories, three ounces of cooked lean pork contains only a moderate amount of cholesterol, just 67 mg. Cholesterol is essential for several metabolic functions, including the production of various hormones and is vital to the central nervous system.
- Pork is also a good source of B vitamins. Pork is the leading dietary source of thiamin, containing three times as much as any other food.
- Five types of pork production exist in Mississippi:
 - Feeder pigs
 - Contract production
 - Farrow-to-finish
 - Feeding feeder pigs to market
 - Seed stock production

- The average market hog reaches a market weight of 250 pounds at about five and half months.
- A Mississippi feeder pig is sold at a weight of 40 to 60 pounds between eight to ten weeks of age.
- The average market hog will eat about three pounds of feed to gain one pound of weight.
- Hog feed provides a nutritionally balanced diet composed of grains such as, corn, grain sorghum, wheat, soybean meal and minerals. It also contains vitamins.



Source: Mississippi State University & USDA-NASS

MISSISSIPPI DEPARTMENT OF
**AGRICULTURE
& COMMERCE**

Mississippi Department of Agriculture and Commerce
Andy Gipson, Commissioner
Phone (601) 359-1100 · www.mdac.ms.gov