

State of Mississippi

Mississippi Department of Agriculture and Commerce

Agriculture Fact Sheet Cattle 2015



- In 2015, Mississippi had 910,000 head of cattle on 15,940 farms.
 - The value of production of cattle in 2015 was \$448 million.
 - The highest inventory of cattle are in Pearl River County, Walthall County, Smith County and Lincoln County.
 - Today, Mississippi cattlemen are producing leaner beef than they did just a few years ago. The average thickness of fat around the edge of steaks and roasts is less than 1/8 inch, with over 40% of retail cuts having no external fat at all.
 - Three ounces of lean beef contain only 183 calories and 73 milligrams of cholesterol.
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- Three ounces of cooked lean beef contain 8.4 grams of fat – only 39% of that is saturated.
 - Beef is regularly eaten in more than 90% of all U.S. households.
 - There are over 60 different beef cuts from which to choose.
 - Of all the beef eaten by Americans, about 40% is in the form of hamburgers.
 - Gelatin derived from the bones, horns and skin is used in the making of marshmallows, ice cream, canned meats and gelatin desserts.
 - Insulin is perhaps the best-known pharmaceutical derived from cattle. It is used to treat diabetes mellitus, which afflicts more than 13 million Americans.
 - The meat industry is the most regulated industry in the nation, with the exception of the nuclear energy industry.

Source: Mississippi State University & USDA-NASS

