



DEPARTMENT OF AGRICULTURE AND COMMERCE
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PRESS RELEASE

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FOR IMMEDIATE RELEASE:

August 28, 2007

Mississippi Farmers Market Health Fair and Blood Drive

What: Health Fair and Blood Drive
When: Thursday, September 13, 10:00 am – 2:00 pm
Where: Mississippi Farmers Market
929 High Street next to the Fairgrounds

The Mississippi Farmers Market is providing consumers an opportunity to enhance their health for the low price of **free**. The Mississippi Farmers Market is hosting its third annual Health Fair and Blood Drive on Thursday, September 13, 2007, at the Farmers Market from 10:00 a.m. until 2:00 p.m. Free health screenings including hearing, video otoscopy, blood pressure, BMI, and more will be available. The Mississippi Blood Services Donor Coach will also be on sight for those wishing to give life through blood donation. A variety of organizations will be present offering an abundance of educational material for general, senior, and women's health. Not to mention, Mississippi farmers will be on hand selling an assortment of fresh, locally grown produce.

A diet that is rich in the vitamins and minerals found in fruits and vegetables will reduce health problems and minimize health risks. Stopping by the Mississippi Farmers Market for health information, screenings, and fresh, nutritious produce will allow every Mississippian the opportunity to start a healthy lifestyle. The new Mississippi Farmers Market located at 929 High Street next to the Fairgrounds is open Tuesday, Thursday, and Saturday beginning at 9:00 a.m. Come early for the best selection. You never know what exciting things you will find at the Mississippi Farmers Market.

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